



JUICE

RAW



YUM!



AT FRESH PRESS JUICE CO.,
we are a 100% organic and 100% vegan facility. We always use the highest quality ingredients in all of our products and we support local farmers whenever possible.

FRESH




LIVE




JUST THE RIGHT
AMOUNT OF RAW



 Fresh Press Juice Co.

 @FPJCo

 @FRESHPRESSJUICECO

105 South Avenue East, Cranford, New Jersey
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www.freshpressjuiceco.com



{ 100% ORGANIC COLD-PRESSED JUICE }

—○○○ \$10

Our cold-pressed juices are juiced using a Norwalk hydraulic press. The Norwalk juicer extracts juice through tremendous pressure exerted by a hydraulic press. Maximal amounts of natural fruit sugars, vitamins, trace minerals, enzymes, and other vital elements are preserved. Independent tests show that a hydraulic press can extract 3-5x more minerals and nutrients than a centrifugal juicer. Pressed juices can last up to 72 hours before losing meaningful amounts of minerals, vitamins, and enzymes. Our juices are pressed fresh daily. To ensure we have the selection you prefer, please feel free to call the day before!

- 1 **THE HEALER:**
apple, cucumber, celery, parsley, lemon and ginger.
- 2 **Feel'n the Beet:**
beet, pineapple, carrot and lime.
- 3 **Vedge Out:**
carrot, spinach, kale, cucumber, celery, parsley.
- 4 **ORANGE YOU HOT!:**
orange, carrot, sweet potato with a dash of cayenne.
- 5 **Green-Aid:**
apple, swiss chard, spinach and lemon.
- 6 **ALMOND DELIGHT:**
almonds, filtered water, vanilla bean, cinnamon and agave.
- 7 **SUPER GREENS:**
kale, spinach, swiss chard, celery, cucumber, parsley, lemon and lime.
- 8 **CARROT COOLER:**
raw young Thai coconut water, carrot and lime.
- 9 **COLD BUSTER:**
apple, carrot, lemon, ginger.
- 10 **CHOCOLATE ALMOND PROTEIN SHAKE:**
almonds, filtered water, raw cocoa powder, dates and hemp protein.
- 11 **PEARED UP:**
pear, kale, cucumber and orange.

{ SALADS } SALAD OF THE DAY —○○○ \$9

{ ACAI BOWLS } —○○○ \$8.50

SAMBAZON™ ACAI BOWL:
organic acai pulp, organic young thai coconut water, banana, organic and gluten free homemade raw granola with fresh fruit.

{ CLEANSSES }

FRESH START —○○○ \$30/Day for 1, 3 or 5 days

➔ Includes (3) 16 oz. juices: The Healer, Feel'n the Beet and Vedge Out. This cleanse should be complimented by organic fruits, veggies and nuts.

FULL PRESS —○○○ \$60/Day for 1, 3 or 5 days

➔ Includes (6) 16 oz. juices: The Healer, Feel'n the Beet, Vedge Out, Orange You Hot!, Green-Aid and Almond Delight.

{ 100% ORGANIC FRESH JUICE }

—○○○ 12 OZ. \$7 / 16 OZ. \$9

- 1 **THE REGULATOR:**
beet, apple, spinach, swiss chard, kale, and ginger.
- 2 **HANGOVER HELPER:**
pineapple, orange, carrot, kale, and lemon.
- 3 **THE EMERALD:**
kale, apple, parsley, cucumber, ginger, and lime.
- 4 **ALL IN:**
apple, kale, spinach, celery, carrot, cucumber, ginger, and lemon.
- 5 **THE EMERALD:**
kale, apple, parsley, cucumber, ginger, and lime.
- 6 **GOOD GIRL MARY:**
tomato, carrot, celery, cucumber, parsley, and lemon.
- 7 **YOU CALL IT (PICK 4):**
apple, beet, carrot, celery, cucumber, ginger, kale, lemon, lime, orange, parsley, pineapple, spinach, sweet potato, and swiss chard.

{ ADDITIONS }

VEGAN PROTEIN POWDER, MACA AND CHIA. —○○○ \$1.50

SHOTS: —○○○ \$3

- Aloe
- Wheatgrass
- E-3live
- Ginger
- Wheatgrass with pineapple and ginger
- Veggie probiotic
- Turmeric probiotic

COLD BREWED COFFEE: —○○○ \$3.25

approximately 67% less acidic than conventional hot brewed coffee.

{ SMOOTHIES } All ingredients all 100% raw and organic.

—○○○ 12 OZ. \$7 / 16 OZ. \$9

- 1 **THE REGULATOR:**
beet, apple, spinach, swiss chard, kale and ginger.
- 2 **KALE GIRL:**
kale, mint, almond butter, banana and homemade almond milk.
- 3 **MACA ME CRAZY:**
apples, young Thai coconut water, coconut flesh, spinach, banana, maca, nutmeg and cinnamon.
- 4 **ENERGIZER MONKEY:**
cold-brewed coffee, banana and homemade chocolate almond milk.
- 5 **TROPICAL ROSE:**
strawberries, pineapple, banana and young Thai coconut water.
- 6 **SAMBAZON™:**
acai smoothie: organic acai pulp, organic young thai coconut water and organic banana.

* Almond milk can be substituted for young Thai coconut water.

{ SMALL BITES }

BANANA WHIPS —○○○ Kiddie \$3.75 / Regular \$5.25
(YES ITS ONLY A BANANA!)

TOPPINGS: all fruit fudge, chocolate chips, shredded coconut, slivered almonds. / \$.50

PARFAIT —○○○ \$6.75
Signature banana whip with fresh fruit and homemade raw granola.

CHIA PUDDING —○○○ \$6.95
Chia seeds, homemade almond milk, vanilla, agave, cardamom, orange, juice, orange, zest, shredded coconut.

ORGANIC HUMMUS & VEGGIES. —○○○ \$7.95

RAW GRANOLA —○○○ \$7.95
Organic gluten-free oats, pecans, apples, golden raisins, chia seeds, xe seeds, shredded coconut, agave, vanilla, cinnamon, and maple syrup.

ASSORTED VEGAN BAKED GOODS —○○○ \$2.50— \$3.50

RAW KALE CHIPS —○○○ \$3
Kale, lemon juice, lemon zest, and sea salt

{ FRESH FRESS JUICE CO. is a nutty facility. If you have any food allergies, please consult prior to consuming. }